

## Lesson 2 Discernment

### Pronunciation

All vowels together:

a ā i ī u ū short

e, o, ai, au twice as long

r, ṛ

l, ḷ

*Pronunciation 1: Emphasis on longer/ double vowel.*

*Pronunciation 2: Emphasis on the syllable before two consonants.*

asmi	I am.
karma	action
ātman	self
brahman	Eternal consciousness, equal to self.

### Cases

- Meaning falls apart in language in name (**nāma**) and in objects in form (**rūpa**).
- A stem is presenting a function in the sentence through a case ending.
- Isolated prepositions are uncommon in Sanskrit. The case takes over their function: to, in, on, from, on, for, of, etc.
- There are 7 cases, 7 types of functions plus a vocative form, 8 in total.
- Through case, meaning comes to life in language, creating a story. As individuals we live in stories.

The 1st case expresses the subject of the sentence, or the agent (who or what ....., 'acts?')

The form the suffix takes depends on the last letter or last two letters a noun ends with.

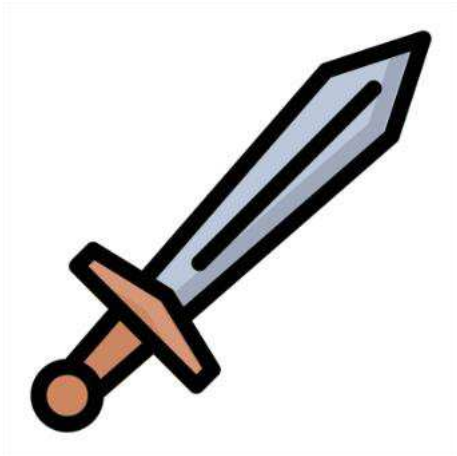
Words ending in -a are common:

**śiṣya** student (stem)  
**aḥam na śiṣyaḥ** I (am) not the student (1<sup>st</sup> case).

1st case of two words important to us -**an**:

**ātman**(m) self (stem)  
**ātmā** 1<sup>st</sup> case

**brahman** (n) eternal consciousness (stem)  
**brahma** 1<sup>st</sup> case (**saguṇa brahma**)



**viveka** discernment/ discrimination

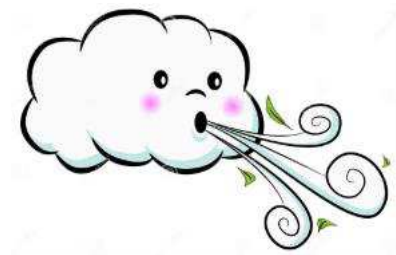
What do we distinguish?

**sat** (√**as**) Existence itself, that which is always or permanently (**nitya**) true.

**a-sat** Non-existence. That which is not permanently (**a-nitya**, impermanent) true.  
The impermanent non-existence, all that comes and goes.

**a-sat and a-nitya** Prefix **a** turns the meaning of the word around.

Fun fact to forget for now: linguistically speaking, **sat** is a participle of  $\sqrt{\text{as}}$  and means 'being or existing'.



**ḥ : visarga** Outpouring, outflow, release, an exhalation.

The **visarga** always brings you back to silence for a moment, even if it's brief.

A **visarga** often appears at the end of a word, but can also occur in the middle of a word:

**duḥkha** suffering, pain, sorrow

Furthermore, we've seen the visarga so far in the first case forms with a short vowel:

**śiṣya** (disciple) becomes **śiṣyaḥ**

**guru** becomes **guruḥ**

**guṇa** quality, property, literally also: rope

**gaṇa** group

There are ten groups (**gaṇas**) of verbs:

Group (**gaṇa**) 2

**dhātu** + suffix

√**as** (2) to be

**as-mi** -> **asmi** I am.

**aham brahmāsmi** I (**aham**) am (**asmi**) brahman (**brahma**).

√**as** + **si** **a-si** (irregular) You are.

‘**tat tvam asi**’, father **uddālaka** said the role of teacher to his son **śvetaketu**.

(*chāndogya upaniṣad* 6.8.7)

**tat** (that) **tvam** (you, 2e pers) **asi** (are) you are that!

Group (**gaṇa**) 1

[**dhātu** + **a**] + suffix

[stem] + suffix

√ **jīv** (1) living

[**jīv-ā**]-**mi** **jīvāmi** ‘I live!’

**jīv-a-si** You live.

**jīv-a-ti** She, he lives.

**jīva** A living being (therefore an individual).

√ **nam** (1) to greet, to salute, to bow, to honor

**nam-ā-mi** I greet, salute, bow, honor.

**nam-a-si** You greet.

**nam-a-ti** She, he greets.

**namaste** (**namaḥ** + **te**) Hail to you (too), I bow to you (too), glory to you (too)

**namaskāra** **namaḥ** + **kāra** (√ **kṛ**, to do, to make). Act of reverence / bowing. Putting words into action.

**namo śivāya** Glory to śiva!

√ **gam** (1) going

**gacch-ā-mi** I go.

**gacch-a-si** You go.

**gacch-a-ti** She, he, it goes.

***Pronunciation 3: When saying three or more short syllables in a row, emphasis is placed on the first syllable.***

**asato mā sadgamaya** | Lead me from untruth to truth.

Literally:

Make me (**mā**) go (**gamaya**) from the non-existent (**asat**) to **sat** (the existent).

*Vedas*

**gaṇapati**

**gaṇa**            group

**pati**            lord, husband

The lord (**pati**) of all groups (**gaṇa**).

**purāṇas** (from **purā**, before, old)

After the vedic period the non-dual teaching also became wrapped in narratives, **purāṇas**.



**gaṇesa**

The lord (**īśa**) of all groups (**gaṇa**).

**gaṇa**

group

**gaṇa + īśa**

weak	a	ī/ī	u/ū	ṛ/ṛ	!
stronger	a	e	o	ar	al
strong	ā	ai	au	ār	

### sandhi rule

**a/ā + other vowel = strengthened form of the other vowel**

**a/ā + i/ī = e**

**gaṇa + īśa = gaṇeśa**

**a/ā + u/ū = o**

**puruṣa (person) + uttama (supreme) → puruṣottama  
supreme person**

**a/ā + ṛ/ṛ = ar**

Other example: **sarva īśvara = sarveśvara** lord of all (**sarva**)

Other well-known example: **neti neti** not this, not that

**na** not

**iti** thus, so

**na iti na iti**

**neti neti** (*bṛhadāraṇyaka upaniṣad 2.3.6. and further*)

### Schrijven

**mālā** **माला** garland

**sat** **सत्** existence, reality

**asat** **असत्** not existence

**gaṇa** **गण** group

**ra** **र**

**u** at the beginning of a word: **उ**

gu	(u in a word)	गु gu
guṇa	गुण	quality, property

#### Exception u after r:

ra	र	
ru	रु	
guru	गुरु	teacher
upa	उप	near, by, nearness
uru	उरु	wide, broad, large



## Alphabet

5 places in the organ of speech



Alphabet lesson 2	short	long							
vowels (open)	अ a	आ ā ा	इ i	ī	उ u ँ ru रु	ū	र r	ṛ	ऌ
double vowels			ए e	ऐ ai	ओ o	औ au			ॡ
	ः ḥ								
throat	क ka		ग ga			25 consonants (full contact)			
soft palate									
hard palate					ण ṇa				
teeth	त ta								
lips			ब ba		म ma	म् m			
semi vowels		य ya	र ra	ल la	वा va	Little contact			
s sounds		ष ṣa	श ṣa	स sa		A bit open			
aspirate	ह ha								

## *Wordlist*

### **IAST**

<b>anitya</b>	temporary, impermanent
<b>asat</b>	not existing
<b>ātmā</b>	self (1 <sup>st</sup> case)
<b>ātman</b>	self (stem form)
<b>duḥkha</b>	suffering, pain, sorrow
<b>gaṇa</b>	group
<b>guṇa</b>	quality, characteristic
<b>iti</b>	thus, so
<b>jīva</b>	living being
<b>mā</b>	me (asato mā sadgamaya)
<b>mālā</b>	garland
<b>na</b>	not, no
<b>namaskāra</b>	act of reverence / bow
<b>namaste</b>	I bow to you
<b>nitya</b>	always, permanently
<b>pati</b>	lord, husband
<b>sat</b>	existence
<b>tat</b>	that
<b>tvam</b>	you
<b>upa</b>	near, by, nearest
<b>uru</b>	broad, great
<b>viveka</b>	discernment

